Psalm 139

Handout outline....ESV

## Search Me, O God, and Know My Heart

#### You know me....

- 1. O LORD, you have searched **me** and known **me**!
- 2. You know when I sit down and when I rise up; you discern my thoughts from afar.
- 3. You search out my path and my lying down and are acquainted with all my ways.
- 4. Even before a word is on **my** tongue, behold, O LORD, you know it altogether.
- 5. You hem **me** in, behind and before, and lay your hand upon **me**.
- 6. Such knowledge is too wonderful for me; it is high; I cannot attain it.

# You encompass and surround me....

- 7. Where shall I go from your Spirit? Or where shall I flee from your presence?
- 8. If I ascend to heaven, you are there! If I make my bed in Sheol, you are there!
- 9. If I take the wings of the morning and dwell in the uttermost parts of the sea,
- 10. even there your hand shall lead me, and your right hand shall hold me.
- 11. If I say, "Surely the darkness shall cover me, and the light about me be night,"
- 12. Even the darkness is not dark to you; the night is bright as the day, for darkness is as light with you.

## You created me....

- 13. For you formed my inward parts; you knitted me together in my mother's womb.
- 14. I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well.
- 15. My frame was not hidden from you, when I was being made in secret, intricately woven in the depths of the earth.
- 16. Your eyes saw my unformed substance; in your book were written, every one of them, the days that were for me, when as yet there was none of them.

#### A moment for reflection....

- 17. How precious to me are your thoughts, O God! How vast is the sum of them!
- 18. If I would count them, they are more than the sand. I awake, and I am still with you.

## Hating those who hate God....

- 19. Oh that you would slay the wicked, O God! O men of blood, depart from me!
- 20. They speak against you with malicious intent; your enemies take your name in vain.
- 21. Do I not hate those who hate you, O LORD? And do I not loathe those who rise up against you?
- 22. I hate them with complete hatred; I count them my enemies.

## Self examination....

23. Search me, O God, and know my heart! Try me and know my thoughts!

## The grievous way and the way everlasting....

24. And see if there be any grievous way in me, and lead me in the way everlasting!